# Your Change Readiness: The Future of Leadership Agility Scorecard:

How Adaptability, Accountability, and Action-Orientation Drive Success

## Prelude to the Change Readiness Scorecard

Change is inevitable, but how you respond to it determines whether you lead, struggle, or fall behind. Whether you're navigating team transformations, personal career growth, or broader organizational shifts, this scorecard will help you assess your adaptability, accountability, and action-readiness.

Your **Change Readiness Score** reflects how well your mindset, behaviors, and leadership systems support your ability to embrace feedback, take initiative, and track results. Instead of simply assessing where you stand, this scorecard provides tailored actionable next steps to help you strengthen your ability to lead change effectively.

#### How to Use This Scorecard:

- Review your score category to understand your current level of change readiness.
- Identify 1-2 key areas where improving your approach will have the most significant impact.
- **Follow the recommendations provided**—small, intentional shifts in mindset and habits can accelerate long-term success.
- Leverage the resources outlined in this scorecard, including coaching insights, leadership development strategies, and accountability tools, to deepen your growth..
- Attend a Cortex workshop or schedule an individual coaching program to learn and apply the skills needed
  to shift into a conflict management mindset.

By applying these insights, you will become more adaptable, reduce stress associated with uncertainty, and cultivate a leadership presence that thrives in dynamic environments. **You'll move beyond reacting to change and instead become a proactive driver of transformation.** 



## Category 1 (25-49): Resistant or Uncertain

**Your Change Readiness is at risk.** You may resist feedback, hesitate to take action, or struggle with accountability and tracking. Change can feel overwhelming, and you might find yourself avoiding uncomfortable but necessary conversations, decisions, or adjustments.

1

2

3

#### **Increase Self-Awareness**

Begin a structured **daily**reflection practice to assess your
response to challenges.
Recognizing patterns in your
behavior is the first step toward
improvement.

#### Seek Low-Risk Feedback

Ask a trusted mentor or peer for input on a **specific** area of your performance. Keep it simple to reduce resistance.

#### **Start Small**

Set **one** easily measurable goal related to taking action, such as speaking up in a meeting or tracking one new habit daily.

Your next step: Read the <u>Cortex Readiness for Growth Factor Article</u> and Listen to the <u>Deep Dive</u> <u>Conversation</u> to help you recognize your time traps and start shifting toward proactive leadership.

# Category 2 (50-74): Cautiously Open with Room to Grow

You are beginning to embrace change but need more consistency. You recognize the value of feedback in a change process and the need for adaptability but struggle with **follow-through.** You may take action inconsistently or feel hesitant when faced with uncertainty. While you can adjust to change, it may take longer than necessary, and accountability could be improved.

1

### **Strengthen Accountability**

Use a **weekly tracking system** for new habits and behaviors related to change leadership.

2

### **Gain More Perspectives**

Seek input from people **outside your immediate circle** to gain new perspectives on leadership growth.

3

### **Develop an Experimentation Mindset**

View change as an opportunity to **test and refine** rather than a fixed outcome.

# Category 3 (75–99): Open, Growing, and Accountable

• You take feedback well, accept that failures are a part of the process, and seem to initiate action regularly.

There may be opportunities to improve your tracking systems, diversify perspectives, or accelerate execution.

#### Your Development Journey:

1

#### **Optimize Your Tracking System**

Implement quarterly performance reviews to refine how you measure leadership progress.

2

#### **Elevate Change Leadership**

Take on a **cross-functional challenge** that stretches your adaptability and collaboration skills.

3

#### **Develop Advanced Resilience Techniques**

Learn how to navigate high stakes change while maintaining mental agility and focus.

4

#### **Teach & Mentor**

Coaching others on change readiness will reinforce your own adaptability and accountability.

# Category 4 (100–125): Highly Open, Accountable, and Action-Oriented

You are a high performer in Change Readiness. You are highly adaptable, action-oriented, and accountable. You consistently seek diverse perspectives, act on feedback, and track your growth. Change is not a threat but an opportunity for you to lead and innovate.

**Push Beyond Comfort Zones** 

Identify areas where you have settled into a routine and **challenge yourself** with a new leadership stretch project.

**Expand Your Influence** 

3

Take a leadership role in **change management** initiatives within your organization.

**Drive Organizational Change** 

Design or lead a **culture shift** program that fosters change readiness among your team.

**Stay Ahead of Emerging Trends** 

Continue learning about change agility frameworks and Al-driven leadership insights.

## Implementation Tips for Everyone

# Step 1: Build a Habit of Seeking Feedback

Leaders who actively **seek and apply** feedback are 2.5x more likely to be promoted within their organizations (Harvard Business Review).

### Step 2: Measure & Track Progress Consistently

Change-ready leaders **track small wins** weekly, making long-term transformations easier and more sustainable.

# Step 3: Increase Your Tolerance for Uncertainty

Instead of viewing change as a threat, **reframe challenges as experiments** that allow you to **test and learn** rather than fear failure.

**Final Thought:** Change isn't just about reacting to what's happening around you—it's about **shaping** it in a way that aligns with your personal and professional goals. **Small, intentional changes** will create exponential impact over time. By strengthening your **accountability, feedback loops, and action-orientation,** you'll **thrive in uncertainty and lead with confidence.**