Cortex Leadership Consulting







DISC Leadership Training Workshop

The Cortex DISC Training Workshop is designed to help leaders deepen their self-awareness, enhance their communication effectiveness, and improve team dynamics. Using the DISC behavioral model, this interactive session will provide practical insights into individual and team behavioral preferences, allowing participants to identify their strengths, potential growth areas, and strategies for optimizing leadership impact.

Through a combination of **DISC report analysis, hands-on exercises, and group discussions**, attendees will learn how to **adapt their communication style** to various DISC profiles, **recognize behavioral motivators**, and **build a stronger, more cohesive team**. By the end of the workshop, participants will walk away with **actionable tools** to improve workplace interactions, enhance team collaboration, and optimize role alignment within their organization.

This session is particularly valuable for leaders, managers, and professionals looking to build trust, resolve conflicts effectively, and drive team engagement. Whether you are new to DISC or looking to refine your understanding, this workshop will help you apply DISC principles in real-time leadership challenges.



Workshop Agenda

Welcome and Opening Discussion

What is DISC and Why do we Use it

What is in your report

· Discussion of selected pages of participants' reports

Interactive Participant Exercises and Small Group Discussions

Explanation of the Concepts of DISC

Deep Dive into Communication Styles, Behaviors and Desires of:

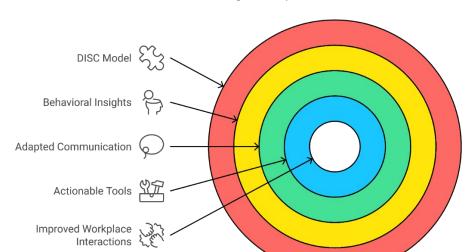
- **Driver (D):** Task-oriented, fast-paced, decisive.
- **Influencer (I):** People-oriented, energetic, persuasive.
- Supporter (S): Relationship-focused, stable, team player.
- Calculator (C): Detail-driven, analytical, methodical.

Strengths and Weakness of each style

• Behavioral Hierarchies

Potential Role-Matching Using DISC

Closing Rounds / Takeaways / Commitments



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