

Cortex Leadership Consulting



Workshop Agenda



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DISC Leadership Training Workshop

The **Cortex DISC Training Workshop** is designed to help leaders deepen their self-awareness, enhance their communication effectiveness, and improve team dynamics. Using the **DISC behavioral model**, this interactive session will provide practical insights into individual and team behavioral preferences, allowing participants to identify their strengths, potential growth areas, and strategies for optimizing leadership impact.

Through a combination of **DISC report analysis, hands-on exercises, and group discussions**, attendees will learn how to **adapt their communication style** to various DISC profiles, **recognize behavioral motivators**, and **build a stronger, more cohesive team**. By the end of the workshop, participants will walk away with **actionable tools** to improve workplace interactions, enhance team collaboration, and optimize role alignment within their organization.

This session is particularly valuable for **leaders, managers, and professionals** looking to **build trust, resolve conflicts effectively, and drive team engagement**. Whether you are new to DISC or looking to refine your understanding, this workshop will help you apply DISC principles **in real-time leadership challenges**.



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Welcome and Opening Discussion

What is DISC and Why do we Use it

What is in your report

- Discussion of selected pages of participants' reports

Interactive Participant Exercises and Small Group Discussions

Explanation of the Concepts of DISC

Deep Dive into Communication Styles, Behaviors and Desires of:

- **Driver (D):** Task-oriented, fast-paced, decisive.
- **Influencer (I):** People-oriented, energetic, persuasive.
- **Supporter (S):** Relationship-focused, stable, team player.
- **Calculator (C):** Detail-driven, analytical, methodical.

Strengths and Weakness of each style

- Behavioral Hierarchies

Potential Role-Matching Using DISC

Closing Rounds / Takeaways / Commitments

